

SPEAK UP SPEAK OUT

Talk about sex, safety, and strength A mother-daughter workshop

Sunday April 6th 1-5 pm @ the YWCA

Join us for a fun afternoon of girl talk! This interactive **mother-daughter workshop is designed to improve communication between teen daughters and their mothers. This bonding workshop embraces feminine intuition and strength. Facilitators create a safe and supportive environment to address the difficult topics of consent, digital citizenry, media stereotyping, and healthy relationships. Come be part of the conversation and learn how to expand that conversation. The workshop will include activities, discussion, and art.**



Facilitated By Kelley Wolfe, Ph.D and Leah Rubinsky

Supported by YWCA and Our Voice

Cost: \$25/mom-daughter pair

Location: YWCA

Snacks provided by Dough

To Register visit www.ourvoicenc.org

Cost: 25\$ / mom-daughter pair

For more information call 828.252.0562



OUR VOICE

Victims • Outreach • Intervention • Counseling • Education



**eliminating racism
empowering women
ywca**